

## Best Practices of PRC

**B**esides our routine activity, the Centre extend support to the various research scholars and academicians of various Universities and Institutes in framing the ethics of research methodology and data analysis in general and in particular the Centre provide research support to medical students (MD & PG) of various tertiary health care institutions such as SKIMS Soura and GMC of the union territory of Jammu and Kashmir. The Centre also provide help in extracting **Micro Level Data** from various data sources such as NSSO, NFHS and Census to all the research scholars whosoever need the support in extracting the data with regard to demographic and health.

The Centre has also an involvement of outreach activities. During the outreach activities, PRC team interacts with different category of community people, stakeholders including ASHA workers, Anagwadi workers, Panchayat Raj Members, Local Body Members and Society at large. During the interaction we provide them awareness and knowledge with respect to different Communicable and Non-communicable diseases such as Diabetics, Hypertension, Stroke and some common Cancers etc. We also provide them awareness with regard to the benefits of different Health Programmes and Schemes such as Golden Card which are run by the Central Govt., of the country under the National Health Mission (NHM).

In addition, we interact with doctors including gynaecologists, Epidemiologists, Staff nurses and general physicians about various lifestyle diseases and also we try to study the trend of diseases in their respective geographical regions in order to understand the risk of an outbreak. Moreover, we interact with society and community people including Nutritional Rehabilitation Centres(NRCs), District Early Intervention Centres(DEICs), schools, Anagwadi centres and provide them awareness about various nutritional and health related issues of children such as chronic disease of Severe and Acute malnutrition (SAM).

### Some Snap shots of the Reference:



The PRC team with Nurses at CHC Ranni Saidpur of Satimarihi, Bihar



**The PRC team interaction with the Community Panchayat Raj Members at Jagdishpur of Muzaffarpur, Bihar**



**The PRC team with the community members at the HWC Chauhatta Kishan of Benipur, Supaul, Bihar**



The PRC team interaction with the health officials of District Supaul of Bihar



The PRC team interact with the SNCU Staff Nurse at CHC Kalna Purba Burdhaman, West Bengal.



The PRC team provide awareness with regard to sanitation and hygiene practices at CHC Karagpur of District Paschim Medinipur, West Bengal



The PRC Team provide awareness about the Sanitation practices at PHC Hutmura of Purliya, West Bengal

Syed Khursheed Ahmad  
Coordinator